

# Walton Feed Group Order SPRING 2012

Food available in bulk bags and boxes, 6 gallon buckets, #10 cans and #2.5 cans

Please see my new blog for all updates and delivery information for this order!

<http://groupfoodstorageorder.blogspot.com/>

## Lids, Boxes, Mylar Bags, Oxygen Absorbers, etc.

<b>N009</b>	6-gallon Bucket with gasket lid	\$9.20
<b>I080</b>	Gamma Seal Lid, White	\$8.00
<b>I081</b>	Gamma Seal Lid, Red	\$8.00
<b>I082</b>	Gamma Seal Lid, Blue	\$8.00
<b>I083</b>	Gamma Seal Lid, Orange	\$8.00
<b>I084</b>	Gamma Seal Lid, Yellow	\$8.00
<b>I128</b>	Gamma Seal Lid, Black	\$8.00
<b>N003</b>	Lid Remover and Bung Nut Wrench	\$12.50
<b>N029</b>	Lid Remover, standard	\$9.60
<b>K085</b>	Plastic Lid for #10 Cans (Every can already comes with a lid)	\$0.50
<b>K185</b>	Plastic Lid for #2.5 cans (Every can already comes with a lid)	\$0.40
<b>P049</b>	Oxygen Absorbers Z300 (100 per bag) for cans	\$16.20
<b>P041</b>	Oxygen Absorbers Z500 (100 per bag) for buckets	\$19.30
<b>F015</b>	Mylar Bag (metal) 20in x 30in - fits 6 gallon buckets	\$2.00
<b>F016</b>	Mylar Bag (metal) w/ zip lock 20in x 29in - fits 6 gallon buckets	\$4.00
<b>F018</b>	Mylar Bag (metal) w/ zip lock, blue, 10.5 in x 17.5 in Blue	\$1.25
<b>F085</b>	Mylar Bag (metal) w/zip lock, red, 6 in x 10.5 in Red	\$1.05

## Yeast and Dough Enhancers

<b>N012</b>	Yeast, Saf Instant, 1 lb pkt	\$3.30
<b>B073</b>	Lecithin Powder 1.5 lb bag	\$8.10
<b>N006</b>	Natural Dough Enhancer 20 oz pkg	\$7.50
<b>B071</b>	Vital Wheat Gluten 5 lb Mylar Bag	\$10.80

## Emergency Supplies

<b>M016</b>	MRE - Full Meal - Case of 12	\$84.00
<b>Q023</b>	Emergency Thermal Space Blanket - foil material, reusable	\$2.75
<b>Q025</b>	Hand Warmers single package - 6 hrs heat	\$0.75
<b>Q026</b>	Hand Warmers case of 60	\$29.80
<b>Q038</b>	Pocket Size Sleeping Bag 36" x 84", foil material	\$4.40
<b>U015</b>	Nuwick Candle 120 hour, 6 wicks, tweezers, matches; for heating, warmth, light	\$9.70
<b>X028</b>	36 Hour Survival Candle w/matches	\$5.10
<b>X035</b>	Alpaca Kersene Cook Stove 8500 BTU	\$90.00
<b>X036</b>	Alpaca Wick Replacement	\$8.75

## Garden Seeds

<b>G001</b>	Garden Seeds #10 Can, Non-hybrid, 15 vegetable varieties, 5 Year Shelf Life	\$34.40
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## Signature Meats

FDA inspected, real meat, no growth hormones, canned in own juice, shelf life 3 or more years, a little salt added. Small cans are about the size of a vegetable can. Large cans are about the size of a beef stew can.

<b>MM001</b>	Beef Chunks 14.5 oz small can	\$6.65
<b>MM002</b>	Beef Chunks 28 oz large can	\$9.35
<b>MM003</b>	Ground Beef 14.5 oz small can	\$6.65
<b>MM004</b>	Ground Beef 28 oz large can	\$9.35
<b>MM005</b>	Boneless Chicken 14.5 oz small can	\$6.65
<b>MM006</b>	Boneless Chicken 28 oz large can	\$9.05
<b>MM007</b>	Pork 14.5 oz small can	\$6.65
<b>MM008</b>	Pork 28 oz large can	\$8.70
<b>MM009</b>	Turkey 14.5 oz small can	\$6.65
<b>MM010</b>	Turkey 28 oz large can	\$8.70

## Freeze Dried Products

### Freeze Dried Cheeses in #10 cans

<b>K167</b>	Sharp Cheddar 37 oz	\$36.20
<b>K169</b>	Mozzarella 32 oz	\$33.30
<b>K171</b>	Monterey Jack 37 oz	\$38.20
<b>K173</b>	Colby 37 oz	\$38.50

### Freeze Dried Cheeses in #2.5 cans

<b>G157</b>	Sharp Cheddar 10 oz	\$11.30
<b>G159</b>	Mozzarella 9 oz	\$10.50
<b>G161</b>	Monterey Jack 10 oz	\$11.60
<b>G163</b>	Colby 10 oz	\$11.00

### Freeze Dried Fruits #10 Cans

<b>K135</b>	Apple Dices 10 oz	\$19.40
<b>K149</b>	Bananas Sliced 14 oz	\$17.60
<b>K147</b>	Blackberries, whole 11 oz	\$27.30
<b>K145</b>	Blueberries, whole 13 oz	\$32.70
<b>K141</b>	Mango 20 oz	\$19.40
<b>K143</b>	Peaches Sliced 16 oz	\$30.60
<b>K153</b>	Pears Diced 10 oz	\$20.70
<b>K139</b>	Pineapple Chunks 16 oz	\$28.00
<b>K137</b>	Raspberries Whole 11 oz	\$30.80
<b>K151</b>	Strawberries Sliced 6 oz	\$17.60

### Freeze Dried Fruits in #2.5 Cans

<b>G119</b>	Apple Dices 3 oz	\$7.10
<b>G134</b>	Bananas Sliced 4 oz	\$6.20
<b>G131</b>	Blackberries, whole 3 oz	\$7.80
<b>G129</b>	Blueberries, whole 3 oz	\$9.00
<b>G125</b>	Mango 4 oz	\$7.80
<b>G127</b>	Peaches Sliced 4 oz	\$9.20

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<b>G138</b>	Pears Diced 3 oz	\$7.60
<b>G123</b>	Pineapple Chunks 4 oz	\$8.40
<b>G121</b>	Raspberries Whole 2.5 oz	\$7.80
<b>G136</b>	Strawberries Sliced 2 oz	\$6.70

<b>M112</b>	Raspberry Crumble (1)	\$6.50
<b>M500</b>	Mountain Oven (5 use Flameless Heating Kit)	\$12.70
<b>M501</b>	Mountain House 72 Hour Meal Kit	\$45.10

(Serves 1 adult for 3 days, 7 yr shelf life, 12 cups water required)

## Freeze Dried Vegetables #10 Can

<b>K163</b>	Asparagus 5 oz	\$17.00
<b>K165</b>	Broccoli 7 oz	\$16.10
<b>K159</b>	Corn Super Sweet 20 oz	\$17.60
<b>K161</b>	Cauliflower Pearls 5 oz	\$14.20
<b>K155</b>	Garden Peas 18 oz	\$15.00
<b>K157</b>	Green Beans 6 oz	\$14.20

## Freeze Dried Vegetables in #2.5 Can

<b>G148</b>	Asparagus 1 oz	\$5.30
<b>G150</b>	Broccoli 2 oz	\$6.70
<b>G144</b>	Corn Super Sweet 4 oz	\$5.40
<b>G146</b>	Cauliflower Pearls 1 oz	\$4.50
<b>G140</b>	Garden Peas 5 oz	\$5.80
<b>G142</b>	Green Beans 1.8 oz	\$5.80

## Mountain House Freeze Dried Food

These are freeze dried meals packed in zip lock mylar bags. Add hot water and wait a few minutes as directed, and you have a delicious meal!  
Number of servings inside the ( ).

<b>M100</b>	Beef Stew (1)	\$5.65
<b>M400</b>	Beef Stew (2)	\$6.35
<b>M101</b>	Beef Stroganoff (1)	\$5.65
<b>M200</b>	Chicken Ala King & Noodles (2)	\$7.30
<b>M204</b>	Chicken Breast (grilled) w/ Mashed Potatoes (2)	\$8.50
<b>M201</b>	Chicken Polynesian w/ Rice (2)	\$7.30
<b>M202</b>	Chicken Stew (2)	\$7.30
<b>M102</b>	Chicken Teriyaki w/ Rice (1)	\$5.65
<b>M203</b>	Chicken Teriyaki w/ Rice (2)	\$7.30
<b>M103</b>	Chili Mac (1)	\$5.65
<b>M205</b>	Hamburger Patties w/ Cheesy Mashed Potatoes (2)	\$8.50
<b>M104</b>	Lasagna w/ Meat Sauce (1)	\$5.65
<b>M206</b>	Macaroni and Cheese (2)	\$6.35
<b>M207</b>	Noodles and Chicken (2)	\$6.35
<b>M208</b>	Oriental Style Spicy Chicken (2)	\$7.40
<b>M105</b>	Pasta Primavera (vegetable) (1)	\$5.65
<b>M106</b>	Rice and Chicken (1)	\$5.65
<b>M209</b>	Rice and Chicken (2)	\$6.35
<b>M210</b>	Seafood Chowder (2)	\$6.80
<b>M107</b>	Spaghetti w/ Meat Sauce (1)	\$5.65
<b>M211</b>	Sweet and Sour Pork w/ Rice (2)	\$7.30
<b>M108</b>	Granola w/ Blueberries and Milk (1)	\$4.35
<b>M110</b>	Scrambled Eggs w/ Ham (1)	\$5.20
<b>M117</b>	Pre-Cooked Eggs with Bacon (1)	\$5.20
<b>M111</b>	Blueberry Cheesecake (1)	\$6.35

## Water Storage Solutions

<b>N013</b>	Water Purification Tablets (50 count, Treats 6.25 Gallons)	\$5.30
<b>I050</b>	Aerobic Stabilized Oxygen (2 oz dropper bottle, Treats up to 106 gallons)	\$16.30
<b>N014</b>	Poly Water Drum - Blue 5 gallon	\$12.60
<b>N010</b>	Poly Water Drum - Blue 15 gallon	\$35.30
<b>N011</b>	Poly Water Drum - Blue 55 gallon (lower price!!)	\$52.00
<b>N001</b>	Drum Pump (works w/ 5-55 gal drums)	\$13.60
<b>N030</b>	Siphon Pump (works w/ 15-55 gal drums)	\$11.20
<b>N002</b>	Flo-Right Drum Spigot 3/4" (for all size water drums)	\$2.00

## Books and DVDs

<b>CLPH</b>	Perpetual Harvest DVD by Country Living, 97 mins, FABULOUS! Teaches about gardening, saving seeds, preserving your food, etc.	\$20.00
<b>Q029</b>	You Can Have Your Food Storage and Eat It Too	\$16.95
<b>Q058</b>	Emergency Food in a Nut Shell	\$19.40
<b>Q059</b>	Made Simple Cookbook	\$17.95
<b>Q061</b>	Dinner is in the Jar	\$14.60
<b>Q060</b>	Grandma's Modern Inflation Fighters	\$15.50
<b>Q036</b>	Emergency Food Storage & Survival Book	\$14.60
<b>MC01</b>	The Hows and Whys of the Year Supply (by Melissa Coombs)	\$10.00
<b>MC03</b>	Food Storage for the Health of It (by Azrcka Bedgood)	\$11.95
<b>Q032</b>	Cookin' with Beans and Rice	\$12.95
<b>Q033</b>	Cookin' with Potatoes	\$12.95
<b>Q034</b>	Cookin' with Powdered Milk	\$6.95
<b>Q035</b>	Cookin' with Dried Eggs	\$7.95
<b>Q037</b>	Eating off the Grid Cookbook	\$15.95
<b>X031</b>	Country Bean Cookbook	\$13.95
<b>X023</b>	Herbs to the Rescue	\$5.95
<b>X038</b>	Instant Delight, Clear Jel Recipe Book	\$5.95
<b>Q030</b>	Marlene's Magic With Food Storage	\$16.50
<b>Q039</b>	Mix-a-Meal Cookbook	\$14.60
<b>X039</b>	Natural Meals In Minutes	\$14.60
<b>X044</b>	The Amazing Wheat Book	\$15.50
<b>Q031</b>	The New Cookin' With Home Storage Book	\$14.60
<b>X045</b>	The New Passport to Survival	\$15.50

## Paper Bags or Boxes

<b>Beans</b>		
<b>A003</b>	16 Bean Mix 25 lb	\$34.40
<b>A001</b>	Baby Lima Beans 25 lb	\$30.30
<b>A006</b>	Black Eye Beans 25 lb	\$36.60
<b>A004</b>	Black Turtle Beans 25 lb	\$32.10
<b>A008</b>	Garbanzo Beans 25 lb	\$32.60

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<b>A010</b>	Great Northern Beans 25 lb	\$29.20
<b>A012</b>	Kidney Beans (Light Red) 25 lb	\$32.50
<b>A014</b>	Large Lima Beans 25 lb	\$38.80
<b>A015</b>	Lentils 25 lb	\$24.00
<b>A017</b>	Mung Beans 25 lb	\$39.80
<b>A018</b>	Pink Beans 25 lb	\$32.10
<b>A020</b>	Pinto Beans 25 lb	\$28.70
<b>A024</b>	Red Beans, Small 25 lb	\$28.00
<b>A066</b>	Red Lentils 25 lb	\$33.40
<b>A026</b>	Soy Beans 25 lb	\$26.20
<b>A028</b>	Split Peas, green 25 lb	\$22.10
<b>A030</b>	Split Peas, yellow 25 lb	\$19.30
<b>A022</b>	White Beans (Navy), Small 25 lb	\$32.60
<b>A064</b>	Whole Green Peas 25 lb	\$19.90

## Grains (bulk bags/boxes)

<b>A075</b>	6 Way Rolled Grain 50 lb	\$38.00
<b>A031</b>	7 Grain Mix 25 lb	\$23.50
<b>A061</b>	9-Grain Cracked Cereal 50 lb	\$39.00
<b>A059</b>	Buckwheat, hulled 25 lbs	\$44.70
<b>B001</b>	Cornmeal, Yellow 50 lb	\$26.50
<b>B043</b>	Ezekiel Mix 25 lb	\$24.90
<b>U032</b>	Flax, Brown 5 lb	\$7.90
<b>B040</b>	Flax, Brown 25 lb	\$23.10
<b>U193</b>	Flax, Golden 5lb	\$9.00
<b>B078</b>	Flax, Golden 25 lb	\$28.20
<b>B004</b>	Flour, All Purpose 50 lb	\$28.30
<b>B005</b>	Flour, Bakers, high protein 50 lb	\$29.60
<b>B006</b>	Flour, Unbleached 50 lb	\$28.30
<b>B008</b>	Flour, Whole Wheat (100%) 25 lb	\$14.50
<b>B010</b>	Germade (Cream of Wheat) 50 lb	\$30.30
<b>B075</b>	Granola, Super Nutty 25 lb	\$57.80
<b>A067</b>	Millet, hulled 50 lb	\$41.00
<b>A083</b>	Oats, rolled quick 25 lb	\$19.30
<b>A084</b>	Oats, rolled regular 25 lb	\$19.30
<b>A068</b>	Oat Bran (fine) 50 lb bag	\$45.20
<b>A069</b>	Oat Groats 25 lb	\$18.60
<b>A057</b>	Pearl Barley 25 lb	\$22.50
<b>A070</b>	Popcorn, Yellow 50 lb	\$35.50
<b>A073</b>	Rice, Brown, long 25 lb	\$21.60
<b>A071</b>	Rice, White, long 25 lb	\$17.60
<b>A078</b>	Rye (1 bushel) 56 lb	\$36.20
<b>B038</b>	Triticale 50 lb	\$36.40
<b>A062</b>	Wheat, Cracked 50 lb	\$40.00
<b>A063</b>	Wheat, Durum (for pasta) 25 lb	\$16.70
<b>W001</b>	Wheat, Hard <b>RED</b> 50 lb Paper Bag	\$24.00
<b>W002</b>	Wheat, Hard <b>RED</b> 25 lb Double Plastic Bag	\$13.00
<b>W003</b>	Wheat, Hard <b>RED</b> 50 lb Double Plastic Bag	\$24.90
<b>W031</b>	Wheat, Hard <b>WHITE</b> 50 lb Paper Bag	\$22.60
<b>W030</b>	Wheat, Hard <b>WHITE</b> 25 lb Double Plastic Bag	\$12.40

<b>W032</b>	Wheat, Hard <b>WHITE</b> 50 lb Double Plastic Bag	\$23.70
<b>B007</b>	Wheat, Soft (for pastries) 50 lb	\$27.30

## Fruits, Vegetables (bulk bags/boxes)

<b>A051</b>	ABC Soup Mix 25 lb	\$24.70
<b>L033</b>	Apple Slices 15 lb box	\$108.30
<b>L035</b>	Banana Slices 14 lb box	\$22.90
<b>L001</b>	Broccoli 15 lb box	\$115.90
<b>L016</b>	Cabbage 15 lb box	\$80.20
<b>L003</b>	Carrot Dices 20 lb box	\$81.30
<b>L015</b>	Celery 10 lb box	\$53.20
<b>L002</b>	Corn - Super Sweet 20 lb box	\$106.50
<b>L004</b>	Green Beans 13 lb box	\$93.30
<b>L007</b>	Mushroom Slices 5 lb box	\$72.70
<b>L008</b>	Onions - Chopped 15 lb box	\$50.60
<b>L005</b>	Peas - Garden Sweet 25 lb box	\$116.40
<b>L017</b>	Peppers - Mixed Red and Green 15 lb box	\$89.10
<b>B065</b>	Raisins, Select Fresh, 10 lb box	\$20.10
<b>L046</b>	Spinach Flakes 5 lb bag or box	\$29.40
<b>L076</b>	Potato Butter Bits 40 lbs	\$93.10
<b>L009</b>	Potato Dices (cubes) 45 lbs	\$74.90
<b>L010</b>	Potato Flakes 40 lb	\$54.50
<b>L014</b>	Potato Granules 50 lb	\$68.20
<b>L006</b>	Potato - Hashbrown 30 lb bag	\$63.30
<b>L011</b>	Potato Slices 25 lbs	\$48.70

## Mixes (bulk bags/boxes)

<b>P084</b>	Squaw Wheat Bread Mix 25 lbs	\$24.70
<b>P088</b>	Save Time White Bread Mix 25 lbs	\$27.40
<b>P085</b>	Scrumptious Drop Scone Mix 30 lbs	\$43.20
<b>P086</b>	White Cake Mix 25 lbs	\$40.30
<b>P087</b>	Chocolate Cake Mix 25 lbs	\$40.30
<b>P069</b>	Basic Muffin Mix (complete) 30 lbs	\$47.20
<b>P075</b>	Corn Muffin Mix (complete) 30 lbs	\$38.20
<b>P023</b>	Buttermilk Pancake Mix (complete) 25 lbs	\$26.20
<b>P020</b>	Fudge Brownie Mix (complete) 25 lbs	\$38.70
<b>P002</b>	Hot Cocoa 25 lbs	\$56.80

## Pasta, Sugar, Dairy, Baking (bulk bags/boxes)

<b>B062</b>	Egg Noodles Box, 10 lb	\$18.30
<b>B059</b>	Elbow Macaroni, 20 lb Box	\$33.00
<b>P038</b>	Fructose 50 lbs	\$46.90
<b>B067</b>	Spaghetti, 10-in. long, 20 lb Box	\$32.70
<b>P016</b>	Sugar, Brown 25 lb	\$29.30
<b>P017</b>	Sugar, Powdered 25 lb	\$29.30
<b>P018</b>	Sugar, White 25 lb	\$29.50
<b>P012</b>	Milk, instant, non fat, 66 gal 50 lb	\$145.80
<b>P011</b>	Milk, regular, non fat, 66 gal 50 lb	\$118.40
<b>B070</b>	Salt, Iodized 25 lb	\$11.20

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## Honey, Molasses

<b>P008</b>	6 – 5lb pails Cox Creamy Honey Whipped, CASE	\$81.50
<b>P009</b>	6 – 5lb pails Cox Grade A Liquid Honey, CASE	\$79.50
<b>P010</b>	58 lb Bucket Molasses, sweet, unsulfured	\$59.50

## 6 Gallon Buckets - Regular Buckets

<b>C001</b>	16 Bean Mix 42 lb	\$62.90
<b>C048</b>	6 Grain Rolled Cereal 25 lb	\$28.70
<b>C066</b>	7 Grain (whole grain mix) 42 lb	\$45.90
<b>C038</b>	9 Grain Cracked Cereal 38 lb	\$39.30
<b>C031</b>	ABC Soup Mix 43 lb	\$49.20
<b>D033</b>	Apple Slices 10 lb	\$75.10
<b>C008</b>	Baby Lima Beans 43 lb	\$60.80
<b>D035</b>	Banana Slices 14 lb	\$32.90
<b>C003</b>	Black Eye Peas 38 lb	\$62.70
<b>C002</b>	Black Turtle Beans 42 lb	\$60.40
<b>V013</b>	Buttermilk Pancake Mix (complete) 25 lbs	\$38.70
<b>C073</b>	Cornmeal 40 lb	\$31.80
<b>C083</b>	Egg Noodles 16 lb	\$40.10
<b>C080</b>	Elbow Macaroni 25 lb	\$53.00
<b>C070</b>	Ezekiel Mix 40 lbs	\$43.20
<b>C058</b>	Flax, Brown 38 lb	\$41.70
<b>C101</b>	Flax, Golden 38 lbs	\$49.30
<b>C075</b>	Flour, All Purpose 40 lb	\$32.90
<b>C055</b>	Flour, Bakers (Hi-Protein) 40 lb	\$34.00
<b>C076</b>	Flour, Unbleached 40 lb	\$32.90
<b>C077</b>	Flour, Whole Wheat 40 lb	\$32.90
<b>C004</b>	Garbanzo Beans 40 lb	\$52.50
<b>C079</b>	Germade (like cream of wheat) 38 lb	\$33.20
<b>C091</b>	Granola, Super Nutty 25 lb	\$68.20
<b>C005</b>	Great Northern Beans 42 lb	\$55.40
<b>V003</b>	Hot Cocoa (just add water) 35 lb	\$85.40
<b>C007</b>	Kidney Beans 40 lb	\$62.20
<b>C041</b>	Lentils 43 lb	\$53.60
<b>V004</b>	Milk, instant, non-fat 30 lb	\$95.80
<b>V005</b>	Milk, regular, non-fat 35 lb	\$104.90
<b>C042</b>	Millet, Hulled 43 lb	\$45.30
<b>C043</b>	Oat Bran, fine 30 lb	\$37.30
<b>C044</b>	Oat Groats 42 lb	\$37.60
<b>C049</b>	Oats, rolled quick 23 lb	\$25.90
<b>C050</b>	Oats, rolled regular 25 lb	\$26.30
<b>C035</b>	Pearl Barley 44 lb	\$45.90
<b>C010</b>	Pink Beans 41 lb	\$58.80
<b>C011</b>	Pinto Beans 41 lb	\$51.50
<b>C045</b>	Popcorn, yellow 45 lb	\$41.90
<b>C110</b>	Potato Butter Bits 25 lb	\$66.50
<b>D010</b>	Potato Dices 16 lb	\$37.40
<b>D008</b>	Potato Flakes 15 lb	\$30.50
<b>D013</b>	Potato Granules 45 lb	\$69.10
<b>D006</b>	Potato - Hashbrowns 10 lb	\$47.40

<b>D009</b>	Potato Slices 10 lb	\$30.60
<b>C012</b>	Red Beans (small) 41 lb	\$53.90
<b>C092</b>	Refried Beans 25 lb	\$40.10
<b>C046</b>	Rice, Brown, long 43 lb	\$42.80
<b>C059</b>	Rice, Par boiled (long) 42 lb	\$46.20
<b>C047</b>	Rice, White, long 44 lb	\$40.30
<b>C051</b>	Rye 42 lb	\$39.90
<b>C085</b>	Salt, Iodized 50 lb	\$32.50
<b>V006</b>	Save Time Wheat Bread Mix 25 lbs	\$39.90
<b>C015</b>	Small White Beans 45 lb (Navy)	\$68.80
<b>C014</b>	Soy Beans 40 lb	\$44.90
<b>C084</b>	Spaghetti, 10 in 35 lb	\$69.20
<b>C013</b>	Split Peas, green 45 lb	\$42.90
<b>V007</b>	Squaw Wheat Bread Mix 25 lbs	\$36.50
<b>C087</b>	Sugar, Brown 45 lb	\$66.40
<b>C088</b>	Sugar, Powdered 40 lb	\$55.60
<b>V010</b>	Sugar, White 45 lb	\$62.00
<b>C054</b>	Triticale 40 lb	\$38.90
<b>D012</b>	Vegetable Stew Blend 15 lb	\$78.60
<b>V008</b>	Vital Wheat Gluten 35 lb	\$65.90
<b>C039</b>	Wheat, Cracked 35 lb	\$38.10
<b>C040</b>	Wheat, Durum (for Pasta) 42 lb	\$34.30
<b>W006</b>	Wheat, Hard <b>RED</b> 45 lb	\$29.20
<b>W033</b>	Wheat, Hard <b>WHITE</b> 45 lb	\$28.20
<b>C078</b>	Wheat, Soft (for pastries) 45 lb	\$33.50
<b>C006</b>	Whole Green Peas 42 lb	\$38.00

## #10 Cans - Dehydrated and Dry Goods

"Number 10 Cans" are a little smaller than a gallon size.

### Vegetables

<b>I001</b>	Broccoli 27 oz	\$18.60
<b>I031</b>	Cabbage, 36 oz	\$15.90
<b>I003</b>	Carrot Dices 38 oz	\$14.30
<b>I029</b>	Celery 18 oz	\$9.10
<b>I005</b>	Corn, Super Sweet 40 oz	\$19.60
<b>I007</b>	Garden Peas, Sweet 49 oz	\$19.50
<b>I009</b>	Green Beans 20 oz	\$15.30
<b>I111</b>	Mixed Vegetables 42 oz	\$17.70
<b>I013</b>	Mushroom Slices 9 oz	\$12.00
<b>I015</b>	Onions Chopped 40 oz	\$11.20
<b>I033</b>	Peppers – Red and Green mixed 20 oz	\$12.30
<b>I122</b>	Potato Butter Bits 48 oz	\$12.40
<b>I017</b>	Potato Dices 36 oz	\$8.20
<b>I019</b>	Potato Flakes 30 oz	\$6.60
<b>I021</b>	Potato Granules 88 oz	\$11.70
<b>I011</b>	Potato-Hashbrowns 27 oz	\$7.90
<b>I023</b>	Potato Slices 20 oz	\$6.50
<b>I064</b>	Spinach Flakes 12 oz	\$7.70
<b>I025</b>	Tomato Powder 68 oz	\$26.20

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<b>I027</b>	Vegetable Stew Blend 33oz	\$15.00
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## Fruits

<b>I051</b>	Apple Slices 17 oz	\$12.90
<b>I053</b>	Applesauce 44 oz	\$24.70
<b>I055</b>	Banana Slices 36 oz	\$7.60

## Dairy and Eggs

<b>J001</b>	Butter Powder 44 oz	\$22.90
<b>J015</b>	Buttermilk Powder 68 oz	\$15.20
<b>J037</b>	Cheddar Cheese 51 oz	\$30.30
<b>J003</b>	Cheese Blend 65 oz	\$22.60
<b>J005</b>	Cocoa Mix 90 oz (Hot Chocolate Mix)	\$20.10
<b>J007</b>	Egg Mix 48 oz = 48 eggs	\$20.30
<b>J009</b>	Egg Whites 48 oz	\$37.40
<b>J125</b>	Eggs, Ova Easy 48 oz	\$41.30
<b>J011</b>	Eggs, Whole 48 oz	\$18.60
<b>J013</b>	Margarine Powder 44 oz	\$11.30
<b>R001</b>	Milk, instant (non-fat) 60 oz	\$15.90
<b>T001</b>	Milk, reg (non-fat) 64 oz	\$13.70
<b>J019</b>	Shortening Powder 44 oz	\$11.70
<b>I073</b>	Sour Cream Powder 48 oz	\$24.90
<b>J021</b>	Whip Topping 71 oz	\$24.50

## Baking, Bouillon, Mixes, etc.

<b>J051</b>	Baking Powder, Rumford 80 oz	\$14.10
<b>J053</b>	Baking Soda 116 oz	\$9.40
<b>J055</b>	Beef Bouillon 112 oz	\$23.20
<b>J057</b>	Chicken Bouillon 102 oz	\$21.90
<b>J081</b>	Clear Jel 64 oz (instant thickener – cold)	\$15.10
<b>J141</b>	Clear Jel 64 oz (non instant thickener – hot)	\$14.40
<b>J182</b>	Cocoa, Dutch Baking 48 oz	\$22.00
<b>J059</b>	Cornstarch 68 oz	\$6.90
<b>K092</b>	Iodized Salt 128 oz	\$7.60
<b>J077</b>	White Cream Sauce 53 oz	\$20.60
<b>I097</b>	Creamy Potato Soup 56 oz	\$20.90
<b>K071</b>	Buttermilk Pancake Mix 63 oz	\$8.30
<b>K114</b>	Basic Muffin Mix 72 oz	\$12.30
<b>J067</b>	Brownie Mix 84 oz	\$13.10
<b>K130</b>	Squaw Wheat Bread Mix 63 oz	\$7.90
<b>K131</b>	Scrumptious Drop Scone Mix 64 oz	\$10.40
<b>K132</b>	Bakers Complete White Cake Mix 69 oz	\$10.40
<b>K133</b>	Bakers Complete Chocolate Cake Mix 73 oz	\$12.80
<b>K134</b>	Save Time White Bread Mix 68 oz	\$9.20

## Sugar

<b>K079</b>	Brown Sugar 67 oz	\$9.80
<b>K081</b>	Powdered Sugar 60 oz	\$8.90
<b>K083</b>	White Sugar 94 oz	\$12.60

## Grains

<b>K090</b>	6 Grain Rolled Cereal 48 oz	\$6.00
<b>J061</b>	7 Grain Mix, whole 83 oz	\$806.00
<b>K088</b>	9 Grain Cracked Cereal 69 oz	\$7.20
<b>K001</b>	ABC Soup Mix 84 oz	\$9.40
<b>K051</b>	Cornmeal, yellow 72 oz	\$6.40
<b>K129</b>	Ezekial Mix 88oz	\$9.80
<b>J063</b>	Flax, Brown 76 oz	\$7.80
<b>J183</b>	Flax, Golden 76 oz	\$9.00
<b>K065</b>	Germade (like Cream of Wheat) 73 oz	\$6.30
<b>K011</b>	Granola (Super Nutty) 48 oz	\$11.30
<b>K094</b>	Oat Bran, fine 57 oz	\$7.00
<b>K073</b>	Oat Groats 85 oz	\$7.50
<b>K027</b>	Oats, Rolled Quick 40 oz	\$5.90
<b>K086</b>	Oats, Rolled Regular 40 oz	\$5.90
<b>K007</b>	Pearl Barley 88 oz	\$8.40
<b>K025</b>	Popcorn (yellow) 96 oz	\$7.90
<b>K029</b>	Rice, Brown long 84 oz	\$8.20
<b>I062</b>	Rice, Par Boiled 82 oz	\$8.50
<b>K031</b>	Rice, White long 88oz	\$7.80
<b>K053</b>	Wheat, Cracked 65 oz	\$6.90
<b>W008</b>	Wheat, Hard Red 88 oz	\$5.10
<b>W036</b>	Wheat, Hard White 88 oz	\$5.00

## Beans

<b>K041</b>	16 Bean Mix 84 oz	\$11.40
<b>K101</b>	Anasazi Beans, 84oz	\$15.10
<b>K005</b>	Baby Lima Beans 88 oz	\$11.20
<b>K045</b>	Black Turtle Beans 90 oz	\$11.00
<b>K049</b>	Garbanzo Beans 80 oz	\$10.20
<b>K013</b>	Great Northern Beans 84 oz	\$10.50
<b>K017</b>	Green Split Peas 92 oz	\$8.10
<b>K019</b>	Kidney Beans 76 oz	\$10.30
<b>K021</b>	Lentils 88 oz	\$9.10
<b>K043</b>	Mung Beans 80 oz	\$12.30
<b>K023</b>	Pinto Beans 84 oz	\$9.70
<b>J079</b>	Refried Beans 44 oz	\$7.50
<b>K035</b>	Small Red Beans 90 oz	\$10.10
<b>K037</b>	Small White Beans 90 oz (Navy)	\$11.80
<b>K039</b>	Soy Beans 84 oz	\$8.90

## Flour

<b>K061</b>	All Purpose Flour 64 oz	\$6.20
<b>K063</b>	Whole Wheat Flour 64 oz	\$6.20

## Pasta

<b>K069</b>	Egg Noodles 40 oz	\$9.20
<b>K067</b>	Elbow Macaroni 50 oz	\$9.50
<b>K077</b>	Spaghetti 51 oz	\$9.60

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## Drinks

<b>K055</b>	Apple Drink 94 oz	\$18.40
<b>K057</b>	Orange Drink 94 oz	\$18.40
<b>K059</b>	Peach Drink 94 oz	\$18.40

## Pudding, Gelatin

<b>J095</b>	Banana Pudding, instant 80 oz	\$21.40
<b>J033</b>	Chocolate Pudding , instant 76 oz	\$21.00
<b>J093</b>	Vanilla Pudding, instant 76 oz	\$21.00
<b>I078</b>	Tapioca, instant 70 oz	\$14.80
<b>I075</b>	Strawberry Gelatin 96 oz	\$17.90

## Imitation Meat Bits

<b>J069</b>	Bacon Flavored Bits 36 oz	\$8.00
<b>J103</b>	Beef Flavored Jerky Bits 40 oz	\$16.30
<b>J071</b>	Beef Flavored Bits 40 oz	\$8.90
<b>J023</b>	Barbecue Flavored Bits 52 oz	\$16.40
<b>J073</b>	Chicken Flavored Bits 33 oz	\$7.90
<b>I095</b>	Ham Flavored Bits 36 oz	\$10.70
<b>J101</b>	Bakon Crumbles 56 oz (softer, like real bacon crumbles)	\$15.70
<b>J025</b>	Pepperoni Flavored Bits 52 oz	\$12.60
<b>J083</b>	Sausage Flavored Bits 40 oz	\$9.60
<b>J027</b>	Sloppy Joe Flavored Bits 52 oz	\$15.90
<b>J075</b>	Taco Flavored Bits 56 oz	\$12.10

## #2.5 Cans - Dehydrated

*("Number 2.5 cans" are a little less than a quart size)*

### Fruits and Vegetables, Nuts

<b>U021</b>	Apple Slices 4 oz	\$4.80
<b>G033</b>	Applesauce 10 oz	\$7.10
<b>U019</b>	Banana Slices 9 oz	\$4.30
<b>G013</b>	Broccoli 6 oz	\$6.80
<b>G019</b>	Carrot Dices 11 oz	\$5.60
<b>G021</b>	Corn, Super Sweet 11 oz	\$6.30
<b>G023</b>	Garden Peas, Sweet 13 oz	\$7.00
<b>G025</b>	Green Beans 6 oz	\$6.00
<b>G011</b>	Mushrooms, sliced 3 oz	\$6.00
<b>G007</b>	Onions, chopped 11oz	\$5.10
<b>G009</b>	Tomato Powder 18 oz	\$8.90
<b>G027</b>	Cabbage Flakes 9 oz	\$5.30
<b>G015</b>	Celery 7 oz	\$4.40
<b>G017</b>	Peppers, red and green mixed 5 oz	\$5.40
<b>U033</b>	Almonds, Raw 16 oz	\$10.40

### Dairy and Eggs

<b>G067</b>	Butter Powder 14 oz	\$9.80
<b>G069</b>	Buttermilk Powder 17 oz	\$5.20
<b>G057</b>	Margarine Powder 14 oz	\$6.00
<b>G065</b>	Shortening Powder 14 oz	\$5.30
<b>G061</b>	Cheese Powder 16 oz	\$7.80

<b>G063</b>	Cheddar Cheese Powder 13 oz	\$10.00
<b>G029</b>	Sour Cream Powder 12 oz	\$8.20
<b>G043</b>	Whipped Topping 22 oz	\$9.10
<b>R003</b>	Instant Milk 15 oz	\$5.60
<b>T005</b>	Regular Milk 16 oz	\$5.40
<b>G053</b>	Egg Mix 12 oz	\$6.90
<b>G055</b>	Egg Whites 12 oz	\$10.20
<b>G051</b>	Whole Eggs 12 oz	\$7.00
<b>G156</b>	Ova Easy Eggs 13 oz	\$13.00

### Baking

<b>G071</b>	Beef Bouillon 29 oz	\$7.90
<b>G073</b>	Chicken Bouillon 29 oz	\$7.80
<b>G079</b>	Baking Soda 32 oz	\$4.60
<b>U035</b>	Baking Powder, Rumford 30 oz	\$6.60
<b>G075</b>	Corn Starch 18 oz	\$3.50
<b>I039</b>	Clear Jel - Instant (cold) 17 oz	\$6.40
<b>U141</b>	Clear Jel - Regular (hot) 17 oz	\$6.00
<b>G095</b>	Iodized Salt 32 oz	\$3.90
<b>U175</b>	Pepper, ground black 16 oz	\$10.00
<b>U178</b>	Chili Powder Blend 16 oz	\$11.60
<b>U179</b>	Cinnamon Powder 16 oz	\$9.40
<b>U180</b>	Ground Cloves 13 oz	\$13.30
<b>U133</b>	Garlic Granules 18 oz	\$10.70
<b>U177</b>	Taco Seasoning 16 oz	\$12.10
<b>U181</b>	Dutch Baking Cocoa 14 oz	\$7.80
<b>G116</b>	Blueberry Nuggets (imitation) 22 oz	\$7.20

### Pudding, Gelatin

<b>I087</b>	Banana Pudding, instant 22 oz	\$8.10
<b>I089</b>	Chocolate Pudding, instant 22 oz	\$7.70
<b>I085</b>	Vanilla Pudding, instant 22 oz	\$7.70
<b>I129</b>	Strawberry Gelatin 27 oz	\$7.30

### Imitation Meat - TVP

<b>G081</b>	Beef Flavored Bits 10 oz	\$4.00
<b>G083</b>	Bacon Flavored Bits 11 oz	\$3.90
<b>I093</b>	Chicken Flavored Bits 11 oz	\$4.10
<b>G085</b>	Taco Flavored Bits 12 oz	\$4.40
<b>G087</b>	Sausage Flavored Bits 10 oz	\$4.10
<b>U023</b>	Ham Flavored Bits 12oz	\$5.00
<b>J121</b>	Bakon Crumbles 11 oz (softer, like real bacon crumbles)	\$4.60

### Sprouting Supplies

#### Sprout Master Seed Sprouter

<b>N020</b>	Single Kit – 1 Tray 2 lids	\$15.60
<b>N021</b>	Triple Kit (Stackable) – 3 Trays 4 lids	\$40.70
<b>N022</b>	Triple Mini Kit (Stackable) – 3 half size trays 4 lids	\$25.40

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## Sprouting Mix (Packed in Foil Metal Bags)

<b>Q011</b>	1.5 lb Sprouting Mix	\$5.30
<b>Q012</b>	5 lb Sprouting Mix	\$11.10

## Alfalfa for Sprouting

<b>Q001</b>	1.5 lb metal bag	\$7.80
<b>A052</b>	5 lb metal bag	\$19.20
<b>K003</b>	#10 Can, 88oz	\$24.80
<b>U037</b>	#2.5 Can 20 oz	\$7.50

## Equipment (Most of these items will be UPSed to your home)

<b>X024</b>	Back to Basics Hand Grinder	\$65.50
<b>X040</b>	K-Tec Kitchen Mill - Electric (will come on the truck with food delivery)	\$170.00
<b>X091</b>	Wonder Mill (an amazing electric mill!)	\$259.95
<b>X026</b>	Wonder Junior Deluxe (a great hand mill!)	\$219.95
<b>Z011</b>	Country Living Grain Mill (hand mill, can be motorized, best on market!)	\$395.95
<b>400A</b>	Steam Canner (for canning, safer, uses less water)	\$54.99
<b>286C</b>	Canning Kit (funnel, lid lifter, jar wrench, jar lifter, kitchen tongs)	\$12.99
<b>1011</b>	Apple Peeler (Clamp on, Cast Iron, Victorio Brand)	\$22.95
<b>V250</b>	Victorio Strainer (for making tomoato sauce, apple sauce, baby food, grape juice)	\$64.99
<b>PS1</b>	Pump N Seal (Great for vacuum sealing jars)	\$28.00
<b>PSX</b>	100 Extra Tab-seals for Pump N Seal	\$6.00

## Natural Foods (These are the previous "Organic Items"...new name)

### Natural Sprouting Seed (Packed in Mylar Foil Bags)

<b>Q007</b>	Natural Adzuki Beans 1.5 lb	\$6.60
<b>Q050</b>	Natural Black Turtle Beans 1.5 lb	\$9.70
<b>Q052</b>	Natural Hulled Buckwheat 1.5 lb	\$6.30
<b>Q053</b>	Natural Kamut 1.5 lb	\$6.10
<b>Q056</b>	Natural Soybeans 1.5 lb	\$6.30
<b>Q055</b>	Natural Spelt 1.5 lb	\$6.10
<b>Q051</b>	Natural Hard Red Wheat 1.5 lb	\$5.60

### Hard Red Wheat

<b>O002</b>	50# Paper Bag	\$49.60
<b>O004</b>	6 Gal Bucket, 45#	\$55.70
<b>O006</b>	#10 Can, 88 oz	\$8.70

### Real Salt- Sea Salt

<b>O090</b>	25# Plastic Bag	\$76.10
<b>O093</b>	#10 Can, 128 oz	\$36.20
<b>O094</b>	#2.5 Can, 32 oz	\$12.30

### Hulled Millet

<b>O030</b>	25 lb Paper Bag	\$27.30
<b>O031</b>	6 Gal Bucket, 43#	\$55.60
<b>O033</b>	#10 Can, 84oz	\$13.50

### Brown Rice - Long

<b>O100</b>	25 lb Paper Bag	\$37.80
<b>O101</b>	6 Gal Bucket, 43 lbs	\$74.00
<b>O103</b>	#10 Can, 84 oz	\$15.20

### Basmati Brown Rice

<b>O104</b>	25 lb Paper Bag	\$43.50
<b>O105</b>	6 Gal Bucket, 43#	\$75.20
<b>O107</b>	#10 Can, 84oz	\$17.20

### Hulled Buckwheat

<b>O034</b>	25 lb Paper Bag	\$47.40
<b>O036</b>	6 Gal Bucket, 42#	\$85.30
<b>O038</b>	#10 Can, 85oz	\$15.50

### Kamut Grain

<b>O039</b>	25 lb Paper Bag	\$36.70
<b>O041</b>	6 Gal Bucket, 42#	\$70.50
<b>O043</b>	#10 Can, 85oz	\$11.00

### Quinoa (pronounced "keen-wah")

<b>O044</b>	25 lb Paper Bag	\$60.80
<b>O045</b>	6 Gal Bucket, 45#	\$123.30
<b>O047</b>	#10 Can, 88oz	\$23.30

### Amaranth

<b>O048</b>	25 lb Paper Bag	\$52.60
<b>O050</b>	6 Gal Bucket, 45#	\$101.00
<b>O052</b>	#10 Can, 88oz	\$18.70

### Spelt - Baking Quality

<b>O053</b>	25 lb Paper Bag	\$36.10
<b>O055</b>	6 Gal Bucket, 42#	\$71.20
<b>O057</b>	#10 Can, 85oz	\$13.90

### Macaroni - whole wheat

<b>O110</b>	10 lb Box	\$25.10
<b>O111</b>	6 Gal Bucket, 20#	\$57.50
<b>O113</b>	#10 Can, 50 oz	\$12.70

### Spaghetti - whole wheat

<b>O114</b>	10 lb Box	\$24.50
<b>O115</b>	6 Gal Bucket, 35#	\$93.10
<b>O117</b>	#10 Can, 54oz	\$13.40

## Ordering Information:

The deadline to turn in order to your group leader is: **March 28, 2012.**